EAACI Anaphylaxis Awareness Day
21 NOVEMBER

IS YOUR PRACTICE ANAPHYLAXIS READY?

CLINICAL PREPAREDNESS

Anaphylaxis care begins before an emergency and continues after the immediate reaction.

Every clinical encounter is an opportunity to prepare.

PRACTICAL STEPS FOR BETTER PREPAREDNESS

01

ACTION

BEFORE: IDENTIFY AND PREPARE

- [x] Assess individual risk and provide an emergency action plan.
- [x] Ensure patients understand when and how to use their prescribed medication.



02

ACTION

DURING: RECOGNISE AND ACT

- Recognise possible anaphylaxis promptly.
- Provide appropriate first-line treatment without delay.



03

ACTION

DO NOT LET UNCERTAINTY DELAY ACTION

When anaphylaxis is suspected, follow the appropriate clinical protocol immediately.



Rapid recognition and action are essential.

04

ACTION

AFTER: OBSERVE AND ASSESS

- [x] Ensure appropriate monitoring.
- [x] Document the reaction and review potential triggers and contributing factors.



05

ACTION

SUPPORT LONG-TERM PREPAREDNESS

- Arrange appropriate specialist follow-up.
- Review the patient’s emergency plan and prescribed medication.



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PREPAREDNESS STARTS WITH ACTION

EVERY CLINICAL ENCOUNTER IS AN OPPORTUNITY TO PREPARE.

Review recognition, emergency management, patient education and follow-up across your clinical practice.

DOWNLOAD THE EAACI CLINICAL PRACTICE PREPAREDNESS CHECKLIST

ARE YOU READY TO ACT?